



# 21 Days of Gratitude

Returning to a Grateful Heart

[LovePeriod.com](http://LovePeriod.com)

Any time someone remembers their true nature is love it is awesome. For love is not exclusive to anyone, but inclusive of everyone. For love, simply loves...period.  
In all things, put love first. ♥







Grateful for Forgiveness - Day 4

*I Am Thankful for Power to Forgive*

Today, celebrate "Forgiveness Day". Today, everyone is forgiven for everything that they have ever done. Through the power of thankful living, I realize how richly blessed I am, So I want to give a gift to the world.

My gift is that everyone is forgiven. No matter what they have done, I forgive them. Whether it was two minutes ago or twenty years ago, I forgive them. As I give the gift of forgiveness, I am set free.

Forgiveness Day also applies to me. I am forgiven for everything that I have ever done that has harmed another. I am forgiven for every little thing and every big thing. Today, I celebrate forgiveness and I am set free.

***DAILY GRATITUDE LIST***

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Grateful for Time - Day 7

*I Am Thankful for All the Time  
to Do What Is Mine to Do*

Can you use an extra hour each day? There is a simple way to make time expand for you. It is to appreciate and enjoy the present moment.

If at any time today you feel rushed, close your eyes and say, "Thank you God for this moment."

Time has an elastic quality to it. Fear, worry, and apprehension have a way of making time condense. Appreciation and enjoyment help time expand.

"Thank you God, for this moment, and all the time I need."

***DAILY GRATITUDE LIST***

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Grateful for the ever present Good - Day 9

*I Am Thankful for Unseen Good*

Chances are that ghosts and all sorts of scary creatures will appear at your door tonight, but this won't upset you. You know that behind the frightful appearances are wonderful children, God's gifts. All dressed up you might not recognize the child, but you don't let the costume hide the goodness that is there.

Use this same approach throughout this day. If the mask of ugliness is distorting your view of people and things, look for the beauty. If you see lack, uncover the prosperity underlying every situation. Look beyond the appearances and, with gratitude, receive the unseen good God has for you.

Thank you, God, for the many forms in which my good comes to me.

***DAILY GRATITUDE LIST***

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